

life-giving Spirit (John 1:14; 1 Corinthians 15:45b). It is now simple to be filled with Him. Just as a bottle must be opened for it to be filled and a glove must have an opening for a hand to enter, so we also need to open our being so that God can come in and fill us. This is why we are here.

The way to open your being and be filled with God is to open your mouth and say to Him:

*“Lord Jesus, thank You for making me
in such a special way that I can contain You.*

Come into me and fill my spirit.

*I believe You are
the meaning and purpose of my life.”*

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Why are We Here?

In order to answer such a thoughtful question it is helpful to first consider another question: what are we? When an object is identified we realise the reason that it exists. For example, when we see and recognise a chair we know that the purpose for its existence is so that someone would sit in it. Similarly, when we identify a glove we know the purpose for which it was created. A glove is made in a particular shape so that it can contain and express a hand.

Not only that, but when we realise what an object is and why it was made we can also evaluate whether or not it is fulfilling its purpose. It would be foolish to fill a glove with an elbow or with pebbles because it is not made to contain these things. Additionally, if the glove is empty and is left in the bottom of a drawer then it is still not fulfilling the purpose for which it was made. Not only should the glove be emptied of the wrong content, but it should also be filled with the right content, a hand.

As human beings, we are vessels created in a very particular way (Romans 9:23). We have a body to contact the physical realm. Food is contained in our stomach and air is in our lungs. We also have a soul to contact the psychological realm. Our mind is full of knowledge, our emotion is full of feeling, and our will is full

of decisions. But the deepest part of our being is our spirit (1 Peter 3:4). Our spirit was made to contact and contain God who is Spirit (John 4:24).

The Bible tells us that when God created man, He breathed into man the breath of life (Genesis 2:7), and that breath of life became man's spirit. Just as a glove is made in the shape of a hand, so our spirit was made in the shape of God. This means that we have a God-shaped vacuum within us. There is nothing that can fill this vacuum except for God. This is also described in the Bible as eternity placed within man's heart (Ecclesiastes 3:11).

This is why we seek to find the meaning and purpose of our life. People strive to reach the peak of their fields, whether that be in wisdom, science, or the arts. However, many come to the realisation that these things cannot fully satisfy them. King Solomon was famous for his wisdom and wealth (1 Kings 10:1-8) and yet the conclusion he reached was, "Vanity of vanities, all is vanity" (Ecclesiastes 12:8). It is only when we are filled with God that we find the meaning and purpose of our life.

Today we can receive God and be filled with Him because He became a man, Jesus, and He died and resurrected to become a

"In order that He might make known the riches of His glory upon vessels of mercy." (Romans 9:23a)