

YOU ARE WHAT YOU EAT

Man fell and lost God by eating improperly. In the same principle, we are saved and healed by eating in a proper way. In John 6:57 the Lord Jesus said, "He who eats Me, He also shall live because of Me." In order to receive the life of God, simply open yourself from within and pray:

"Lord Jesus, I am hungry.

*Lord, I confess that I have eaten so much,
but nothing has brought me life.*

Lord Jesus, I believe You are the life.

Thank You for opening the way for me.

*Oh, Lord Jesus,
I receive You as my life right now."*

We welcome you to contact us to participate in further fellowship concerning this truth question or other matters related to the truth.

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What ARE YOU Eating?

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What ARE YOU Eating?

Eating is a basic and underlying concept in the Bible. After God created man He did not tell him to do anything; He simply spoke about man's eating (Genesis 1:29). God set man in a garden with the tree of life at its centre as well as the tree of the knowledge of good and evil. Man's destiny depended upon how he would deal with these two trees.

The tree of life was a picture of the life of God. Its content was simply, purely, and absolutely life. When God made man, He gave man a human life for his existence, but did not give him the divine life of God. God intended that man would choose the tree of life to receive God's life into him.

God wanted man to eat the tree of life, but He did not force him to do so. Instead, He gave man a free will. Some may ask, "Why did God put man into such a dangerous situation?" However, if God had not given man a choice He would have been forcing him to take the tree of life. God is too great to do such a thing. He is not a small person who would demand others to accept His opinion. In order to display His greatness and

prove His attractiveness He placed man before two trees, allowing him to make a choice.

Instead of partaking of the tree of life, man ate of the tree of knowledge. When man ate of that tree, he not only made a mistake and disobeyed God, but something far more serious occurred. He received sin into his being (Romans 5:12). As a result, God had to close the way to the tree of life lest man live forever in his fallen condition (Genesis 3:22-24).

Yet God, because of His great love towards us, never abandoned His original intention. One day He came out of eternity and entered into time to become a man by the name of Jesus Christ. He told people, "I am...the life," and also, "I am the true vine" (John 14:6; 15:1). He also said, "I have come that they may have life" (John 10:10b). He was the living tree of life on earth. God still wanted man to eat the tree of life so He opened a new and living way for us to come to God (Hebrews 10:20). Through His death Christ dealt with our sins, and through resurrection Christ released His life for us to receive.

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